

Living



Fashion

# The Ten Best Cleansers



CHOSEN BY BETH DADSWELL

**1. Liz Earle**

Liz Earle's Cleanse & Polish starter kit includes two muslin cloths and a bottle of rosemary, chamomile and eucalyptus infused cleanser. £13, [Johnlewis.com](http://Johnlewis.com)

**2. Estée Lauder**

Sparkling Clean oil-control foaming gel cleanser contains extracts of aloe vera and oat to tone and calm your skin, whilst removing pore-clogging impurities. £18, [EsteeLauder.co.uk](http://EsteeLauder.co.uk)

**3. Clarins**

The Clarins Cleansing Milk with Alpine herbs is perfect for normal to dry skin, as it contains marshmallow, almond and vitamin E, which leave your skin feeling supple and velvety soft as well as subtly scented. £16, [Clarins.co.uk](http://Clarins.co.uk)

**4. Aveda**

Tourmaline-charged exfoliating cleanser by Aveda includes jojoba beads, which aid cell turnover and help to rejuvenate dull skin. £20, [Aveda.co.uk](http://Aveda.co.uk)

**5. Malin & Goetz**

This zingy Grapefruit Face Cleanser wakes you up in the shower. Grapefruit is also known for its anti-bacterial and exfoliating properties. £24, [Liberty.co.uk](http://Liberty.co.uk)

**6. Jo Malone**

Jo Malone's Avocado Cleansing Milk calms your complexion. The beautifully packaged bottle is lightweight – a practical travelling companion. £30, [Jomalone.co.uk](http://Jomalone.co.uk)

**7. Dr Hauschka**

Purists love the Dr Hauschka organic beauty range. Mix the cleanser into a paste with warm water, press gently into skin, then wash off. £14.28, [DrHauschka.co.uk](http://DrHauschka.co.uk)

**8. Nivea Visage**

The Nivea Visage 2 in 1 Cleanser & Toner is effective yet inexpensive. Skin is left feeling baby-soft and smelling sweet. £3.29, [Boots.com](http://Boots.com)

**9. Dermalogica**

For those with troublesome skin, Clean Start for back, face and chest is ideal. The botanical extracts help regulate oil production. £14.30, [Cleanstart.dermalogica.com](http://Cleanstart.dermalogica.com)

**10. Guerlain**

For a real treat, try Guerlain's Secret de Pureté cleansing foaming cream which transforms into a creamy cleanser when mixed with water. £27, 01932 233887

## THE FASHION AUDIT

### We love Gap T-shirts



The new basics from Gap are a must for every functioning wardrobe. Their 'softest tees' are the perfect accompaniment to jeans, shorts and this season's chinos.

Luxurious tri-blend cotton gives them that well-worn and much-loved grainy quality. £10, [Gap.com](http://Gap.com)

### We're not sure Helmet hair



More World Cup fashion, with the tempting offer from ColourFX (always a joy to see a one-word hybrid) of a St George's flag sprayed onto our heads. The Audit holds its hair in high esteem and would rather

not cover it in paint, thanks. No wonder St George wore a helmet if that's what he looked like underneath. The horror!

### We're buying Lyle & Scott Vintage

After the success Lyle & Scott enjoyed with their men's collection, the label is launching a new women's range, full of heritage detailing and nostalgic twists. This preppy sweater, complete with elbow patches, is perfect for throwing on when summer evenings get chilly. £82, [Lyleandscott.com](http://Lyleandscott.com)



### We can't wait for RCA graduates

With Graduate Fashion Week approaching, it's time to cast a beady eye on tomorrow's talent. Some of the finest is at Royal College of Art – look out for Rachael Barrett whose final collection (right) has been seen on Lady Gaga. This year shows are open to the public. Tickets start at £12, 020 7590 4566 **HARRIET WALKER**

