



Face masks

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Jo Malone

As with many of the Jo Malone products, the White Nectarine and Honey nourishing face mask smells good enough to eat. The honey gives it a sticky consistency, and is well known for its healing and antibacterial properties. Simply leave on for three to five minutes while brushing your teeth in the evening, then gently wipe off.

Price: £37.19
www.jomalone.co.uk

Elemental

If you feel that your skin could do with a thorough spring clean, then why not treat yourself to the new Elemental Facial at a SpaceNK Spa? Or you can buy this purifying facial detox mask, which includes botanical and mineral ingredients, to use at home. Your skin will thank you.

Price: £24.47
www.spacenk.co.uk



Dermalogica

At first glance, the intense orange hue of the Multivitamin Power Recovery Masque is rather disconcerting. But the nutrient-rich formulation is really fantastic at reviving dull or irritated skin. Apply a thick layer of it, relax in a warm bath for 10 minutes and your skin will glow again.

Price: £26.25
www.dermalogica.co.uk



Givenchy

Unlike some masks, this won't strip your skin as it contains vitamins E and C, but it is highly fragranced so may not suit sensitive or irritated complexions. The inclusion of mushroom extract means that this gel mask will mattify your skin's appearance, making pores look smaller and your face less shiny.

Price: £24.46
01932 233824

Korres

The high levels of antioxidants found in pomegranates are put to work in fighting off the free radicals that cause premature skin ageing, and the high concentration of tannins contained in them are useful for tightening pores and strengthening skin. This also includes natural clay, which helps draw out impurities and is great for balancing oily skin.

Price: £16
020-7581 6455



Dr Bragi

This single-use mask is stuffed full of unusual ingredients, this time with an aquatic flavour. Marine enzymes give your skin an instant moisture boost, while encouraging production of collagen and increasing the circulation of blood. A great thing to pack if you're travelling somewhere cold.

Price: £9.79
www.victoriahealth.com



Ina Crystals

The combination of mineral-rich white gold crystal salt extracted from the Himalayan mountains, and basil, fennel and juniper essential oils make this purifying mask sound incredibly exotic. But it is actually a gentle, restorative mask that can be used twice weekly to restore the natural pH balance of your skin at the same time as nourishing and softening it.

Price: £34.26
www.spacenk.com



Natura Bisse

Suitable for all skin types and containing pure oxygen, this gel-like mask works on energising your skin, inhibiting the growth of bacteria and restoring radiance. It is rich in organic sulphur and, used once a week, it has a deep-cleansing effect that also controls the production of sebum.

Price: £25
Available at Harrods; 0845 605 1234



Micheline Arcier

Arcier is world renowned as a pioneer in aromatherapy, and beauty editors and film stars have been discreetly visiting her clinic in Knightsbridge for the past 40 years. This highly absorbent Purifiant clay mask smells amazing, due to its extracts of geranium and peppermint.

Price: £20
www.michelinearcier.com



Shu Uemura

Late nights, too much booze and smoking all take their toll on your face, and the delicate skin around your eyes is often the first place to show the effects. So it's worth keeping a couple of sachets of this eye mask in the fridge for emergencies. The Deep Sea-infused patches will immediately reduce puffiness and restore the impression of vitality - even when you're very hungover.

Price: £37.19
020-7240 7635

