



# Organic skincare

CHOSEN BY BETH DADSWELL  
independent.co.uk/indybest

## Dr Hauschka

◆ The first Dr Hauschka biodynamic gardens were laid out over 40 years ago and are still fertiliser, pesticide, herbicide and insecticide free. Damask rose flower buds are gently steeped in organic sunflower oil for a week to create this luxurious Rose Body Oil, which is most effective when applied after a bath or shower.  
**Price: £17.62**  
Selfridges.co.uk



## Yes To Carrots

◆ The Yes To Carrots range of products is beta carotene rich, surprisingly inexpensive and really does what it says on the tin. The Citrus Lip Butter has been given the prestigious US Department of Agriculture Organic Seal, and includes responsibly sourced shea butter, Zambian honey, beeswax and coconut oil.  
**Price: £2.99**  
Debenhams.com



## Vaishaly

◆ The secret to the success of Vaishaly's skincare range is the inclusion of multiple organic essential oils - this Night Nourisher for normal and combination skin boasts no less than nine. Lavender, geranium, peppermint and ylang ylang create a calm and soothing scent that will aid sleep and encourage decongestion.  
**Price: £65**  
Vaishaly.com



## L'Occitane

◆ If you are suffering from parched post holiday skin, try applying this rich Moisturising Face Mask twice a week for instant results. It contains Organic Certified olive oil which nourishes and rehydrates, and is also rich in natural antioxidants to prevent further damage.  
**Price: £22.50**  
Loccitane.co.uk



## Neal's Yard Remedies

◆ One of the most trusted brands on the high street, Neal's Yard Remedies have promoted the benefits of natural, plant-derived beauty products for 27 years. The subtly-scented Rehydrating Rose facial polish contains organic wild rose seeds to gently exfoliate, plus antioxidant aloe vera and milk thistle to cleanse and protect. Luxury without the price tag.  
**Price: £11.70**, Nealsyardremedies.com

## Moa

◆ Moa Green Balm is a great multi-tasking product that can be used for cleansing and intensive moisturising - even on burns and scars. It utilises organic Icelandic herbs, hand picked by the company's founder, and can be used to successfully treat nappy rash, cradlecap, sores and other skin ailments.  
**Price: £4.89**  
Thegreenbalm.com



## Jurlique

◆ Purely Age-Defying eye cream is naturally-derived, and combats puffiness and fine lines. The fragrant cream contains biodynamically and organically-grown black elder and liquorice to add radiance, and arnica and euphrasia to calm and soothe. The pretty tube will slip easily into your washbag.  
**Price: £32**  
Jurlique.co.uk



## Origins

◆ The Organics range from Origins is a personal favourite. As well as holding USDA Organic certification, the products will leave your skin feeling nourished and soothed. The Purifying Tonic contains organic lavender alcohol which thoroughly removes all traces of grime and make-up, as well as organic willow bark - the source of salicylic acid - and a natural exfoliator.  
**Price: £18**  
Origins.co.uk



## The Organic Pharmacy

◆ If you don't have the time in the mornings to cleanse, tone and moisturise (or are too lazy at night), try this Carrot Butter Cleanser. Massage a small amount of the balm on your face, soak the accompanying muslin cloth in warm water, then wash off. The cloth exfoliates your skin and boosts your circulation, leaving your complexion glowing.  
**Price: £29.95**  
Theorganicpharmacy.com



## Dr Organic

◆ Available exclusively through Holland & Barrett, this range of 100 per cent natural organic skincare range is surprisingly cheap and effective. The Aloe Vera skin lotion is paraben, colour and artificial fragrance free, but works wonders on dry, post-holiday skin. That means you can slather your skin in a generous coating after a bath: you won't be overloading your body with chemicals or busting your bank balance.  
**Price: £5.99**  
Hollandandbarrett.com



## THE FASHION AUDIT 07/09/09

### We love Bistrottheque

Super-hip East End restaurateurs Pablo Flack and David Waddington are celebrating the fifth anniversary of their fabulous hostelry, Bistrottheque, this autumn. They've not only built up a rep for great food in cool and chic surroundings, but their cabaret nights are also known far and wide and attract some of Europe's biggest drag acts. Their Drag Ball at the Royal Opera House last weekend is proof they're now firmly part of the establishment. Bistrottheque.com



### We're not sure Balmain on The Outnet

If you're willing to drop £6,000 on a dress, so the logic goes, you could probably spend double that. We've ached for Balmain's prices - which are as stellar as its clothes - to come down a bit, but we're not convinced 50 per cent off £4,000 is a bargain. You could always try winning this jacket (reduced to £1,825) in the site's giveaway. Theoutnet.com



### We're buying High Street Fashion Week

The fash pack are readying themselves for international fashion weeks, but if your payslip is thinner than the average catwalk model, why not try an affordable alternative? Starting today and carrying on all week, Oxford Street will play host to DJs, exhibitions and shows at dozens of stores, including River Island and John Lewis, some of whom have created outfits for this world first especially. Tunic £19.99, trench £59.99 both by Uniqlo. Highstreetfashionweek.com



### We can't wait for YSL's autumn Manifesto

Time to set up camp on Old Bond Street once again as Yves Saint Laurent launches the next of their seasonal Manifestos this weekend, and will be handing out copies to lucky passers-by on Saturday morning. A glimpse inside the world of YSL, it features a shoot with Christy Turlington - you can have a peek behind the scenes at the shoot on yslmanifesto.com. Look out too for the free tote bags designed by Stefano Pilati himself; all the style cognoscenti will have them. **HARRIET WALKER**