

The
Ten
Best

Night creams

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Yes to Carrots

◆ A newly launched brand that champions the healing powers of carrots, or more specifically, the naturally occurring vitamin C, beta-carotene and antioxidants contained within them. The rich formulation is designed for normal and dry skins and conveniently, can be found at Boots stores nationwide or online.
Price: £8.99
www.boots.com

Best
Budget
Buy



Korner

◆ If your skin has been exposed to harsh winter weather, this incredibly rich Feel Legendary balm from Korner will help to soothe and calm it. Extracts of sandalwood, myrtle, sea algae and wild indigo leave you smelling delicious as well as feeling revived.
Price: £65
www.kornerskincare.com

Clinique

◆ The list of scientific ingredients contained within this antioxidant Super Rescue night cream is lengthy, as is the terminology needed to describe how it works. In short, it will help to prevent your skin being damaged by the environment while moisturising and smoothing from the outside. And all while you catch up on your beauty sleep!
Price: £31.32
www.clinique.co.uk



Origins

◆ Although plenty of sleep is the best way to achieve naturally glowing skin, a nightly massage with this High Potency Night-A-Mins, a paraben-free, gel-like lotion, will also help. Vitamins A, C and E fight ageing free radicals, while the orange, neroli and vanilla extract will help to calm and relax your senses.
Price: £25
www.origins.co.uk



Annick Goutal

◆ Existing Annick Goutal fans will appreciate the delicate fragrance and light consistency of this rose-scented Crème Splendide Nuit, as will packaging snobs. Both the box and the pot are covered in a pretty swirling rose design, making this a dressing table staple as well as a great gift.
Price: £95
From Harrods, 020 7730 1234



Elizabeth Arden

◆ This futuristic looking "airless" jar means that your expensive Prevage night cream will last longer as it keeps the product sealed and fresh. And if you are concerned about lines and wrinkles, the inclusion of Idebenone and lemon peel extract will help to restore luminosity and plumpness to your skin whilst you sleep.
Price: £115
www.boots.com

Sisley

◆ If you suffer from very dry, dehydrated skin in the winter months, then try this rich new Soins de Nuit night cream by Sisley. It contains natural plants extracts including echinacea, arnica and shea butter to help relieve irritation, as well as wheat proteins which form a protective barrier against the elements.
Price: £89
020-7591 6380



Best
Luxury
Buy

Prescriptives

◆ Not only is Good In Bed a brilliant name, but this night cream also wins top marks for multi-tasking, as it contains a subtle hint of self-tan that works its magic overnight. So if you can't stretch to two weeks in the Caribbean, massage some of this on to pale, tired skin before going to bed, and wake up looking miraculously rested and luminous.
Price: £39
0870 034 2566



Best
Buy



Aveda

◆ Fans of eco-friendly skincare will love this gentle Green Science cream that boasts certified organic cactus, argan and plai oil. Aveda also manage to offset 100% of their manufacturing emissions by funding new wind energy sources in the US, making this the greenest skincare choice this winter.
Price: £40
www.aveda.co.uk

Simple

◆ Sensitive skins will love this affordable night cream, as it is perfume, colour and angst free! As well as containing skin strengthening ginkgo biloba, this is also rich in antioxidant green tea, making it the perfect anti-ageing cream for those on a tight budget.
Price: £6.99
www.simple.co.uk

