

**The
Ten
Best**

Night treatments

CHOSEN BY BETH DADSWELL
independent.co.uk/indybest

Lancôme

◊ This is the Rolls-Royce of night creams - with a price tag to match. The gold packaging screams luxury, as does the heavy glass jar. So, if you fancy a splurge, treat yourself to a jar of Absolue Nuit Precious Cells and you will wake up feeling suitably pampered and ready to face the day.
Price: £118
Lancôme.co.uk



Guerlain

◊ Success Age Splendid is aimed at women dealing with symptoms of the menopause, and uses an intense magnolia concentrate to rebalance the skin and restore vitality. The subtly scented pale pink balm, in a regal midnight blue container, is suitably rich and nourishing for drier skins. A real treat.
Price: £110
Guerlain.com

Dermalogica

◊ If you've been over-indulging and the effects are beginning to show, then Dermalogica's Overnight Clearing gel is a great way to redress the balance while you sleep off your hangover. It contains rosemary extract to inhibit the growth of bacteria, salicylic acid to unclog blocked pores, and tea tree oil to assist healing.
Price: £36
Dermalogica.co.uk



Clarins

◊ If you are suffering from a cold and have dry, flaky patches, try gently massaging in a thin layer of this Blue Orchid Face Treatment Oil before bed. Regular use gives you a rosy glow in winter. Containing pure plant extracts, it shouldn't irritate your skin or turn it into an oil slick.
Price: £29.50
Clarins.com



Caudalie

◊ As the name suggests, Caudalie's Vinexpert Night Infusion Cream contains extract of grapevine, known for its ability to resist harsh environmental conditions. The addition of sage, lavender, thyme and mint make it deliciously aromatic. It's also free of parabens, sulphates and artificial colourings.
Price: £34.50
Spacenk.co.uk



Bobbi Brown

◊ Best known for her cosmetics, Bobbi Brown also offers a skincare range aimed at those who favour fuss-free products. The Overnight Cream is suited to mature skins as it is quite rich, but unlike a lot of others it leaves your face feeling soft and not overloaded with chemicals.
Price: £38.50
Bobbibrown.co.uk



Estée Lauder

◊ Advanced Night Repair has been one of Estée Lauder's biggest-selling products and has won countless accolades and awards. After 25 years of research, it has been relaunched with new, improved ingredients. The idea is that this helps skin cells repair overnight while protecting them by day. Apply a little before bed.
Price: £36
Estelauder.co.uk



Champneys

◊ This night serum is a great way to improve blemished skin on a limited budget. Like the Dermalogica gel, it contains salicylic acid, which will slough off dead skin cells, mattify and generally improve the appearance of the skin. Apply to a cleansed face before bed and you will soon notice the difference.
Price: £15
Champneys.com

Bamford

◊ Bamford's Organic Moisture Balm is a new product that has been given the stamp of approval by the Soil Association. It is a gorgeous and unusually versatile blend of lavender, geranium, camomile and tea tree oils that can be used as a weekly deep moisturising treatment on your face, heels, elbows and cuticles.
Price: £22; 020 7259 4900



Origins

◊ Your skin repairs itself overnight when free from environmental stresses, apparently, so the best time to rehydrate is when you are asleep. Origins Drink Up Intensive Overnight Mask has been created for exactly this purpose. Containing orange peel wax, apricot kernel and mango butters, it will leave your skin smelling delicious.
Price: £20
Origins.co.uk



THE FASHION AUDIT 14/12/09

We love Lashtastic makeovers

False eyelash disasters, like gluing your eyelids together, or ending up a bit Priscilla, Queen of the Desert, are the precisely sorts of things clogging up A&E on a Saturday night. For those wobbly of hand or nervous about the full-on road-sweeper effect, Laura Mercier's dedicated artistes on are hand in John Lewis to apply them for you, ready for the Christmas bash. Divine! £15, available nationwide at John Lewis



We're not sure Twilight Beauty

The Audit enjoys, um, auditing the career of Robert Pattinson. In fact, the Audit wants to be a vampire. So thank goodness for the new Twilight beauty range, with a 'Luna' capsule, for purer minded make-up vamps, and a 'Vulturi' collection for real after-dark glitz and glamour. With gloopy lip gloss like this, R.Pattz won't be able to stay away. Or we can just glue ourselves to him. Simplebeauty.co.uk



We're buying Oliver Spencer wax jackets

Oliver Spencer is keeping British boys cool, but also warm and dry. His new range of wax jackets for spring are perfection with a zip - whether you choose bright colours or muted ones, a sporty shape or something more tailored, the lightweight and chic designs will guarantee seasonal satisfaction whatever the weather. And we think they work for girls too; just don't go overboard with a Rosie and Jim hat. Oliverspencer.co.uk



We can't wait for Ann-Sofie Back for Topshop

Ever since we saw her spooky show back in February, we've been dreaming of wearing this collection. Models wore milky contact lenses and walked with a zombie stagger in pieces inspired by vintage horror flicks. Her ripped vests and T-shirts for Topshop are pure Freddie Kruger victim - and that's a good thing, by the way. Available in the new year, from £50. Topshop.com



HARRIET WALKER